



24 May 2024

Relationships and Sex Education (RSE)

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through our personal, social, health and emotional (PSHE) curriculum. PSHE covers many topics including all kinds of relationships, physical/emotional health and the skills needed to live in the wider world. The aim of our PSHE curriculum is to help pupils make safe and informed decisions during their school years and beyond.

Relationships, sex and health education (RSHE) is the statutory element of our PSHE curriculum and all schools in England are required to teach.

Below we have outlined the RSE coverage for each year group.

Reception	Growing up: animal lifecycles
Year 1	Boys and girls: naming body parts
Year 2	Boys and girls: body parts and respecting privacy (which parts of the body are private and why this is)
Year 3	How babies grow and how our bodies change as they grow older
Year 4	Internal and external reproductive body parts, body changes in girls and menstruation

During the next six weeks will be covering the above content from your child's current year.

We are very aware the children will naturally have questions and ideas that they wish to discuss with you. Therefore, we are keen to keep in you informed with our curriculum so that we can work together. Within each class children will have access to an 'Ask it Basket' where they can ask questions they may have. This ensures all questions that are asked are age appropriate. We will not answer anything that is not related to the age-appropriate content that is taught and will let you know if a question comes up we feel you should be aware of.

If you have any questions or concerns regarding the RSE curriculum, please do not hesitate to contact your child's class teacher who will happily talk through it in more detail with you.

Best wishes

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